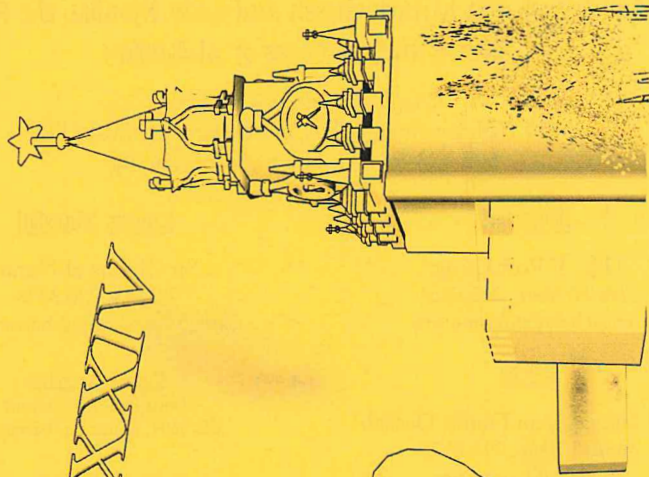
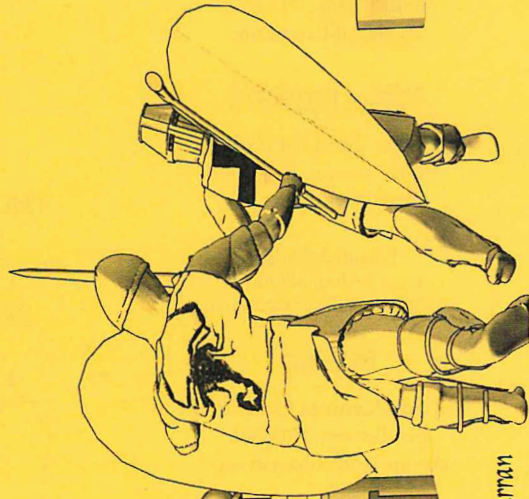
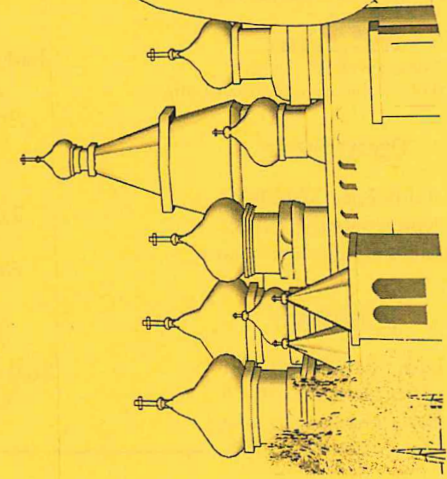




The Baronial Shaft

Grand Outlandish XXXIV



The Official Newsletter of the Barony of al-Baran

MAY 2007 | AS XLII

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Calendar of Events

MAY

- 5 MAY DAY MELEES *Drygestan* ○
12-13 SPRING CORONATION *Fontaine* ○
19 MOUNTAIN MAYHEM *Readstan*
23-28 GRAND OUTLANDISH XXXIV *al-Barran* ○

JUNE

- 2 UNSER HAFEN CHAMPIONS *Unser Hafen*
14-17 DRAGONSSPINE CHAMPIONS *Dragonsspine*
22-24 JESTER'S FOLLY *Caer Galen*

⌘ attendance by His Excellency ❖ attendance by Her Excellency ○ attendance by Their Excellencies

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Publication Information

This is the May 2007 edition of the Baronial Shaft, the official newsletter for al-Barran (Albuquerque, NM), a chapter of the Society for Creative Anachronism, Inc. Subscriptions are available for \$10.00 per year. Please make checks or money orders payable to "SCA al-Barran" and send them to Baronial Shaft, P.O. Box 27676, Albuquerque, NM, 87125. Submissions for the Baronial Shaft may be sent via email to chronicler@al-barran.org. Hard copy must be typed. All copy must be submitted to the Chronicler no later than the 15th day of the preceding month. Articles may be edited, shortened, or not printed at the discretion of the Chronicler. The Baronial Shaft is not a corporate publication of the SCA and does not delineate official policy.



BARONIAL COURT



Sir Gregor
von Münchhausen
Baron

Lady Monika
the Fair
Baroness

Baron's Champion: Lord Alrik Boleslavsson

Captain of the Guard: Lord Dermod of Killarney

Lieutenant: Lord Eiríkr geirsbrjotr

Guardsmen: Lord Kassar, Lord Kaz, Lord Gwydion, Scivaldi, Bardolf

Captain of the Condotierri: Lady Natasha Mechislava

Lieutenant of the Condotierri: Lord Cuinn McEwin

Condotierri: Lord Traithgren, Lady Saelomon, Lord Marcel

Chamberlaine: Lady Elanor Dreamweaver

Ladies-in-Waiting: THL Kathws Rusa, THL Aigiarn Aljin, Lady Ariel Nashon bat Malachi, Lady Cristin O'Mearan, Lady Kira McDuff von Lyon, Lady Ia, Lady Solveig Hakonsdottir, Ailish Ni Tailluir, Alanna, Suzanne

Handmaidens: Squirrel McQuillin, Hannah, Jennifyr, Murmary

Sheriff: Lord Bjorn Thunarvin

Master Swordsman: Lord Dreyfus Kravyn MacKillin

Premiere Blade: Lord Michael M'Quillane

Lord of Outlandish:
Lord Alrik Boleslavsson

Lady of May:
Lady Astridr Halfdanardottir

Outlandish Blade: Lord Óengus mac Conchobhair

Flower of Chivalry: Don Charles Robert Blackstone

Rapier Flower of Chivalry: Don Govanen Blackwell

Bard of al-Barran: Sheik Omar Mohammud Mirzazadeh

Protector of the Baroness's Heart: Lord Traithgren McCormick

Champion Archer: Sir Stefan of the Wanderers

Baronial Arts and Science Champion: Uasal Óengus au Faeláin

From the Baron and Baroness

To all al-Barran, greetings:

By the time this comes out Sir Mordygan and Duchess Madigan will be our new King and Queen, Huzzah! May their reign be untroubled and allow them to further the glory of the Outlands. Also congratulation to Sir Tancred for his Knighting. Well deserved. We also hope that all of us who travel from Mayday Meles to Outlandish and back home are trouble free and end with unhurt bodies.

Speaking of Outlandish, we want to thank all who helped with the clean up and getting the site ready for a fantastic Grand Outlandish. The weather finally cooperated and allowed us to begin cleaning up and fixing up the site late last month and we will be ready for all the festivities when everyone arrives. Please go to the Outlandish web site for information on other dates for clean up and event schedules. It's gonna be a hoot!!!

We are planning a fun filled summer of events like the Citadel A&S collegium, Lonely Mountain, Barons War and Clann Wars, to name a few. For those of you who can go with us, let's go and have some fun. For those of you who won't be able to go, we will need you to keep the home fires burning by going to fighter practice along with all the other gatherings we have so we can come home to the grand Barony that this has become.

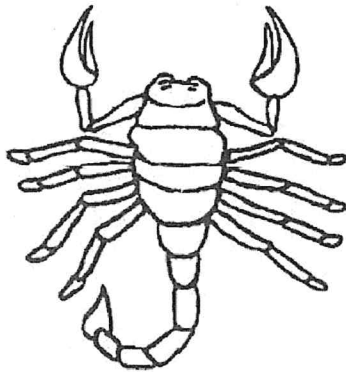
Please remember to travel safe, camp safe, and party safe, so that we all can do this for many years to come.

Gregor

BARON

Monika

BARONESS



From the Seneschal

Greetings,

The warm weather has returned to us again, and with it came clean-ups for Grand Outlandish. I hope that everyone is planning on joining us at GOT 34. THL Chris Blackwood has an excellent event planned out for us. But first, there is Their Royal Highness' Coronation. Please join our friends up in Fontaine on the 5th of May for Spring Coronation.

The Cuban Ballista Crisis was a great time for all of us who could attend. Perhaps next year we can spend another weekend in the lovely surroundings of Cuba, NM with those dastardly Fontanese. Thanks to Eldonerik for putting this together for the Barony.

Summer, and the end of the school year, brings us up to Grand Outlandish. Remember, it's New Mexico in May. It's going to be hot. It's going to be dry. It's going to be windy. THL Blackwood and all of his team are doing their best to ensure that Outlandish will be a wonderful time. I know that many of you don't want to come to Outlandish since it's being held at Torrance County Park again this year. But there have been many changes to hopefully cut down on the problems from three years ago. Parking has been moved to the top of the hill and the old parking area, with the trees, is now camping space. We've moved town hall down off the hill it was on last time. Merchants are now down in the trees as well. While we can't promise that the weather will cooperate, we are doing all we can to make it less of an issue for everyone.

I'm looking forward to seeing you all at Coronation and again at Outlandish.

In Service,

THL Y Port Lairge



From the Chronicler

Greetings,

When sending in event articles, please make sure that they have all of the necessary information: date/time of event, location (full address), sponsoring group, autocrat information (name, phone number, email address), fees, address to send reservations, and directions to the site.

Later this month, the al-Barran directory will be published. If you have a subscription to the Shaft, you'll receive one in the mail. If you want an extra copy for any reason, you can purchase those from me for \$1. Please contact me at chronicler@al-barran.org for more information.

Submissions for the June issue of the Shaft are due to me by May 20th. Items received after that date may not make it into the newsletter.

In faithful service,

Lady Kymma Godric

From the Captain of Archers

Greetings unto All,

Delightful May is here and that means Grand Outlandish (May 23-38) is just around the bend!

Archery activities this year at Outlandish will be plentiful. We will have the traditional Bowman's qualifier, in which a bowman archer can increase his/her rank with just one score, the royal archer shoot, and scoring opportunities (IKAC or Royal Rounds) every day. In addition, we will have novelty shoots on the static range and a roving range to test archer skills in a different manner. So bring out our bows and arrows for lots of archery fun. See <http://al-barran.org/> for more information.

For Grand Outlandish, be sure to bring you authorization card. Only authorized archers will be allowed to shoot for scores or official tournaments. If you are not authorized, you may be authorized at GO, if the authorizing marshal so approves. Current archers, if your authorizations are going to expire soon, be sure to re-authorize at some point this month. This can be potentially done at practices and definitely at Grand Outlandish.

Archery practices will be held in May for anyone interested in practicing prior to Outlandish. Saturday, May 5th and May 12th practice will be at Sir Stefan's range in town. Saturday, May 19th practice will be at Sir Tore's range in the East Mountains.

For all current al-Barran MITs or individuals wishing to become line marshals, there will be opportunities for marshalling practice. Be sure to study the marshal's handbook and contact me. I will have some copies available for those that need it.

Yours in Service,
Lady Lyneya del Filde



Thirty Years Ago in al-Barran

by Mistress AEIflaed of Duckford

Lord Gunwaldt der Ostermachten refused Deaton Claymore's offer of knighthood and was created a Master of Arms, between rounds, late in the first coronet tournament of the Outlands, which was held on Sunday, May 29, at Grand Outlandish IV. Gunwaldt won the tournament and became the Outlands' first prince immediately after. (Sir Ton the Traveller, who had come in second, won Atenveldt's Crown Tournament a month later.)

More Than Just Surviving in the SCA

This article is by Fermina Caballo (then Lady, now Baroness Fermina), who was hospitaller of al-Barran when it was first written and published in The Baronial Shaft in April and May, 1997. It is reprinted now by permission of the author.

S.C.A. hospitality being what it is, surviving an event is really not an issue. You will always be surrounded by friends and family who are not going to let you starve or make you sleep out in the rain. However, everyone will like you even more if you do not **always** show up around mealtimes and then crash in their tent. Providing for your own needs enables you to enjoy yourself more.

Providing for your own needs means more than bringing your own tent and sleeping bag. It means packing a few extra things to keep you comfortable. Over the past couple of years, I have learned a few tips on how to keep myself comfortable so I can relax and enjoy the event. I have compiled a list of tips and necessities from many sources including *The Known World Handbook*, several different handouts, talking to a lot of people, and personal experience. Many of these things you can survive without, but I have found S.C.A. living to be much more enjoyable with. I strongly recommend you create your own list that you can refer to before each event. If you discover some new tips for comfort, share them with others.

1. Keep your body clean. Bathe just before leaving for an event. You may not get to for a few days. If you have long hair, braid it. It will stay cleaner. Clip your fingernails. For extended camping, bring a solar shower.

Toiletries:	baby wipes	wash basin	wash cloth
soap	brush/comb	toothpaste/brush	deodorant
small mirror	toilet paper	shampoo	Kleenex
tampons/pads	bathing tunic	towel	lotion

2. Consider your medical needs. Camping in the Outlands tends to entail a lot of sun and even more dust and cactus. Be prepared for reactions due to these factors.

Medicines and First Aid:	sunscreen	tweezers
pain reliever	Pedialyte	baby powder
eyedrops	bug repellent	Alka-Seltzer
bandaids	antiseptic	saline nasal spray

Upon arrival, find out who the surgeon is and where they're located just in case.

3. Keep warm/cool. Expect all types of weather. Afternoon temperatures in the mountains can reach into the high eighties after a morning in the fifties. You also must be prepared for wind, rain, hail, sleet and snow. Anticipate the temperature change in the evening. Put on warm clothes **before** you get cold. During the heat of the day, carry a small shoulder bag that can hold a bottle of water. Wear layers of clothe to insulate from heat and cold. Use natural fabrics.

Clothing:	thermals	socks (2 pr/day)	underwear
hood	warm hat	gloves	sunshade hat

shoes (2 pr)	trunk	wool tunic	pants/leggings
light tunics	belts	cloaks	poncho
accessories (jewelry, scarves, makeup, etc.)			

4. Sleep well. Many people, including myself, like to stay up very late at camping events. So, it is important that the sleep you do get is good. If you get tired in the afternoon, take a short nap. At night, a warm rock from around the campfire can be wrapped in a towel and put in the foot of your sleeping bag for extra warmth.

Sleeping gear:	mattress	pillows	sleeping bag
extra blankets	flashlight	tent	ground cloth
hammer	stakes	clock	

5. Keep a clean, comfortable camp. Make your camp a place where you can relax and lounge around after a long day of fighting. Carpets out front help to keep the dust and mud out of the tent. Burning incense helps to keep the bugs away.

Camp gear:	carpet	pillows	chairs
broom	trash bags	folding table	candles/holders
wind chimes	incense	citronella candles	ashtrays
trash bags	folding shovel	mirror	shade pavilion
wood axe	fire extinguisher	tapestries/banners	fire pit
Japanese lanterns/torches/fuel			

6. Eat and drink well. Avoid food poisoning by keeping foods cool. Have separate coolers for food and drink so that the one with the food can be kept closed more. Freeze water in small bottles and use as ice in the cooler. Wash and rinse dishes really well. Store everything in Tupperware. Eat breakfast. Drink lots of water. Prepare as much as you can in advance and freeze it.

Kitchen stuff:	stove	coffee pot	griddle
frying pan	big pot	medium pot	cutting board
knives	napkins	dish soap	wash basin
wash cloth	hot pads	wooden spoons	coolers
water jugs	paper towels	Ziploc bags	matches
turner	tongs	mixing bowl	plates
mugs	bowls	silverware	ladle
can opener	propane grill	propane	dish towel
scouring pad	spices	covers	tea kettle
tin foil	grill for campfire	bottle opener/corkscrew	

7. Have fun!

Amusements:	arms and armor	musical instruments	sketch pad
games	camera and film	embroidery	wares to sell
archery gear			

With all this stuff, not only will you be comfortable, you will be ready for just about any situation that may arise.

For an online reference version with a separate printable list,
go to <http://sandradd.com/sca/campinglist>
which also has a link to Sir Dennis the Wright's checklists.

Guest Fest

Thursdays at 7:00
in garb, at Manzano Mesa Center

More extensive information on Guest Fest is here:
<http://sandraddodd.com/thursday>

May 3 Mistress Monika von Zell, Pelican

Women and Work in the Middle Ages

From art, letters and other evidence, what were women doing?

May 10 Duchess Leah Kasmira, Laurel

Making hair nets. (Real net, not a crocheted snood.)

May 17 Master Aldred Colson, Pelican

Field Heraldry Workshop

TWO WEEKS OFF FOR GRAND OUTLANDISH

June 7 Sir Avram the Jew, Pelican

Naval/nautical stories, the Varangian Guard... answers to questions about things Avram knows (and he knows lots)

Also in June and July, but not necessarily in this order:

Master Balthazar Tegero,
Mistress Elinor Aurora of Rosewood,
Mistress Genevre le Tisserande,
Master Gunwaldt Gulbjorn,
Master Hieronymus the Sarabite,
Sir Hrothgar Monomakh,
Mistress Cailte Caitchairn

Coordinator: Mistress Ælflæd of Duckford,
299-2476, Sandra@SandraDodd.com



Guest Fest in April, featuring Master Tomas Fraser.

Regular Activities

Citizens Meeting 3rd Tuesday of every month, 6:30 pm at The Manzano Mesa Multigenerational Center at 501 Elizabeth St SE, Albuquerque, NM. *Directions:* Take I-40 to the Eubank Blvd exit. Turn South onto Eubank. Continue on Eubank past Central and turn left onto Southern Ave. The Manzano Mesa Multigenerational Center is at the corner of Southern and Elizabeth, parking is on the back side. *Contact:* THL Y, 265-0161.

Fighter Practice Sundays, 11 am to 4 pm, at Bataan Park; the park is on the north side of Lomas just west of the Lomas & Carlisle intersection. *Contact:* THL Chinua, 220-3136.

Rapier Practice Sunday afternoons at Bataan Park; the park is on the north side of Lomas just west of the Lomas & Carlisle intersection. *Contact:* Lady Elisabeth, 891-4555.

Westside Fighter Practice First and third Saturdays from 9am to 11am at Paradise Hills Park near the northeast corner by the skate park. *Directions:* Take Paseo Del Norte west to Golf Course Road. Go Right on Golf Course to Paradise. Turn Left (west) on Paradise. Take Paradise past Lyon/Unser to the park (it's on the right hand side of the road). *Contact:* THL Samuel 891-3821.

Archery Practice Held on every Saturday of each month. Practice starts at 10 am. Please be sure to arrive early so we can get the paperwork filled out and practice started on time. The practice range is at Sir Stefan's home. *Contact:* Lady Lyneya del Filde for directions and additional information by email at archery@al-barran.org.

Blaiddwyn Fighter Practice Held on Wednesdays starting at 7:00 pm. Fighter practice is held in front of Carlisle Gym. *Directions:* Go west from Redondo and Yale and turn right into the first parking lot, traverse the length of the parking lot and to the right: go up between Northup hall and Carlisle Gym. Fighter practice will be on the left. Please note: According to the UNM Parking website they will be enforcing parking regulations until 8 pm. *Contact:* Josh, the Blaiddwyn Knight Marshal, by email at kobbie44d@msn.com.

Newcomers Household Meeting will be on 5/8 at 2830 Florida NE at 6:30pm. These are informal meetings to discuss/learn about various subjects such as preparing for a camping event, the meaning of honor, how to make a T-tunic, protocol, etc. A newcomer is being defined as a member for less than 2 years, but all are welcome. *Contact* THL Christopher Blackwood at 872-2994.

Weaving Knowledge Exchange & Workshops Third Friday of every month at 7 pm at Lady Monika's house. *Contact:* Lady Monika at 323-5569 for more information and directions.

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M A

Sunday

Monday

Tuesday

Wednesday

		1 - Blaiddwyn Populace Meeting	Fig - Scribe
6 - Fighter Practice	7 - Blaiddwyn Court Dance - Bellydancing - Gammer Gurton's Needle	8 - Newcomers' Meeting	Fig - Scribe
13 -Fighter Practice	14 - Blaiddwyn Belly- dance - Bellydancing	15 - Citizens' Meeting	Fig - Scribe
20 - Fighter Practice SHAFT ARTICLES DUE!	21 - Blaiddwyn Court Dance - Bellydancing - Gammer Gurton's Needle	22	Fig - Scribe
27 -Fighter Practice	28 - Blaiddwyn Belly- dance - Bellydancing	29	Fig - Scribe

A Y

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Wednesday	Thursday	Friday	Saturday
2 - Blaiddwyn Fighting Practice Fighters' Workshop	3 - Guest Fest	4	5 - Archery - Westside Fighter Practice
9 - Blaiddwyn Fighting Practice Fighters' Workshop	10 - Guest Fest	11	12 - Archery
16 - Blaiddwyn Fighting Practice Fighters' Workshop	17 - Guest Fest	18 - Weaving Workshop	19 - Archery - Westside Fighter Practice
23 - Blaiddwyn Fighting Practice Fighters' Workshop	24 - Guest Fest	25	26 - Archery
30 - Blaiddwyn Fighting Practice Fighters' Workshop	31 - Guest Fest		
	Regular Activities Listings Pages 13 and 16 have more regular activities information.		

Regular Activities

Blaidwyn Dance Practice Every Monday starting at 7:00pm in the Student Union Buildings Santa Ana room on the 3rd floor. We alternate between court dance and belly dance. The first and third Monday is court dance. Bring a drum on the second and forth Monday for belly dance. *Contact: Lady Dovey by email at alzarqa13@yahoo.com.*

Blaidwyn Populous Meeting 1st Tuesday of every month, 7:00pm at the Frontier Restaurant across from UNM at Central and Cornell. All are welcome to this business meeting for the College. *Contact: Lord Rab, 362-6032 or by email at sca@unm.edu.*

Court Dance Practice Our next Court Dance practices are on June 10th and 24th at Bataan Park from 12:00 to 2:00 pm. Everyone age 7 and up is welcome. There are also court dance practices at UNM on the 3rd floor of the SUB, every other Monday evening with Lady Dovey. Please see the article in this issue for further details. *For more info, contact Lady Jayne at krege@aps.edu or 293-7453 or join our free discussion list: http://groups.yahoo.com/group/alBarranMusic_Dance/*

Guest Fest This is a series of talks and workshops on many topics. We meet every Thursday. Please visit the website for more information: <http://www.sandradodd.com/thursday>. *Contact: Mistress AEIflaed of Duckford at 299-2476 or by email at sandra@sandradodd.com.*

Gammer Gurton's Needle The study and application of embroidery, lace, and other needlework techniques. GGN meets on the 1st and 3rd Mondays. *Contact: Lady Rosamond at 865-9082 or ldyrosamond@msn.com OR THL Delia the Rose of Thorncastle at 232-7946 or HLDelia@aol.com.*

al-Barran Youth Team This team has regularly scheduled team meetings to discuss youth activities, plans and important information for youth and parents in al-Barran. There is also a local discussion list for al-Barran youth, parents and volunteers. To join this free yahoo discussion list, go to http://groups.yahoo.com/group/al-Barran_Youth_and_Parents/. *Please contact Lady Jayne at krege@aps.edu or 293-7453 for further information.*

Scribes' Workshop Learn the art of Calligraphy and Illumination. Scribes gather weekly at 6 p.m. on Wednesdays. Location is the workshop of Baron Sebastian and THL Alexandra. Please call ahead (256-1906) for directions and to make sure the workshop will be held that night.

Intro to Bellydancing for Timid Folk Mondays from 6:30 to 8:30 pm at 410 Columbia SE. *Contact Lady Saelomon at 265-5319 or spitfyre@yahoo.com for more information.*

First Aid for Some Common Situations

By Tiarna Seóan mac Ruaidhri Uí Ceallachán

Last month's Shaft featured a couple of excellent items from Sir Dennis the Wright on surviving outdoor SCA events. I would like to add a few things to that myself.

First, we all know about staying hydrated, but you should also remember snacks too. Drink too much water and don't put enough sodium/salt back in and you can sweat out enough to make yourself just as sick as if you were dehydrated. This is known as "hyponatremia" or "low salt". If you're taking a diuretic or "water pill" you have to be even more careful. People who are regularly out in the heat are far less likely to be affected by this, as their bodies are conditioned to conserve electrolytes, but folks who spend most of their time indoors with the AC are less conditioned to conserve and will lose more electrolytes in their sweat. Now this does NOT mean you need to take salt tablets or carry around a salt lick. Most snack foods have enough sodium to keep your levels up. Those yummy pretzels that the waterbearers have are a great source of sodium.

Another concern at camping events is burns, especially if we're lucky enough to have fires at any events this year. Also propane lanterns and stoves have been known to turn into fuel-air explosives.

There are three types of burns based on their severity and how deeply the skin/tissue is affected.

Superficial burns:

These involve only the outer layer of the skin, and are characterized by redness, swelling and tenderness. Typical examples are mild sunburn, or a scald produced by a splash of hot tea or coffee. Superficial burns usually heal well if prompt first aid is given, and do not require medical treatment unless extensive.

Partial-thickness Burns:

These damage a 'partial thickness' of the skin, and require medical treatment. The skin looks raw, and blisters form. These burns usually heal well, but can be serious, if extensive. In adults, partial-thickness burns affecting more than 50% of the body's surface can be fatal. This percentage is less in children and the elderly.

Full-thickness Burns:

These damage all layers of the skin. Damage may extend beyond the skin to affect nerves, muscle and fat. The skin may look pale, waxy, and sometimes charred. Full-thickness burns of any size always require immediate medical attention, and usually require specialist treatment.

Treatment of Minor Burns and Scalds:

DO NOT use adhesive dressings.

DO NOT break blisters, or interfere with the injured area.

DO NOT apply lotions, ointments, creams, or fats to the injured area.

* Cool the injured part with copious amounts of cold water for about 10 minutes to stop the burning and relieve the pain. If water is unavailable, any

cold, harmless liquid such as milk or canned drinks will suffice. Ice or ice water can cause frostbite with extended application and should NOT be used for long term cooling of burns.

- * Gently remove any jewelry, watches, or constricting clothing from the injured area before it starts to swell.

- * Cover the injury with a sterile dressing, or any clean, non-fluffy material to protect from infection. A clean plastic bag or kitchen film (ie: Saran Wrap) may be used.

Treatment of Severe Burns and Scalds:

The priority is to cool the injury; the longer the burning goes unchecked, the more severely the casualty will be injured. Resuscitate the casualty only when cooling is underway. All severe burns carry the danger of shock.

DO NOT overcool the casualty; this may dangerously lower the body temperature.

DO NOT remove anything sticking to the burn; this may cause further damage and cause infection.

DO NOT touch or interfere with the injured area.

DO NOT burst blisters.

DO NOT apply lotions, ointment, or fat to the injury.

- * Lay the casualty down, protecting the burned area from contact with the ground, if possible.

- * Douse the burn with copious amounts of cold liquid. Thorough cooling may take 10 minutes or more, but this must not delay the casualty's transmission to hospital.

- * While cooling the burns, check airway, breathing, and pulse, and be prepared to resuscitate.

- * Gently remove any rings, watches, belts, shoes, or smoldering clothing from the injured area, before it starts to swell. Carefully remove burned clothing unless it is sticking to the burn.

- * Cover the injury with a sterile burns sheet or other suitable non-fluffy material, to protect from infection. A clean plastic bag or kitchen film may be used. Burns to the face should be cooled with water, not covered.

- * Ensure that the emergency service is on its way. While waiting, treat the casualty for shock. Monitor and record breathing and pulse, and resuscitate, if necessary.

Burns to the Mouth and Throat:

Burns to the face, and burns in the mouth or throat are very dangerous, as they cause rapid swelling and inflammation of the air passages. The swelling will rapidly block the airway, giving rise to a serious risk of suffocation. Immediate and highly specialized medical assistance is required.

Treatment of Burns to the Mouth and Throat

- * Contact EMS. Report suspected burns to the airway.

- * Take any steps to improve the casualty's air supply, e.g., loosening clothing around the neck. Give the casualty oxygen if you are trained to do so.

- * If the casualty becomes unconscious, place in the recovery position, and be prepared to resuscitate.

Bites and stings from snakes, insects and spiders are a big concern, especially with the possibility of an allergic reaction. If you know that you have an allergy to any type of insect bite or sting, consult your doctor about getting an "Epi-

(Continued on page 18)

Kingdom Arts and Sciences Results



Congratulations to THL Emery Fittum, who is the new Kingdom Arts and Sciences champion!

THL Emery placed first in both Letters/Research Papers and Fiber Arts and placed second in Fiber Arts, as well.

Congratulations also to Lady Maria Elena Sandoval who placed first in Performing Arts.



Full Results:

Functional Arts

1st Place - THL Mirabel Malmesberie

2nd Place - THL Llywus ap Alan

Performing Arts

1st Place - Lady Maria Elena Sandoval

2nd Place - HE Omar Mohammud Mirzazadeh

Letters and Research Papers

1st Place - THL Emery de Fittum

2nd Place - THL Maimuna Bukhariyya

Domestic Arts

1st Place - THL Ymanya Murray

2nd Place - THL Bjorn in Gauzki

Fiber Arts

1st Place - THL Emery de Fittum

2nd Place - THL Emery de Fittum

Visual Arts

1st Place - THL Bjorn in Gauzki

2nd Place - Master Tomas Fraser

(Continued from page 16)

Pen". These simple devices are available for adults and children and can literally be life savers in an emergency. You should also make sure that your camp mates know about your allergy and that at least one other person that you trust should know how to administer your epi-pen if you are unable to.

Immediate Treatment for insect bites/stings:

(These instructions do NOT apply to snake bites! See more info below)

- * Wash bite/sting area well with soap and water.
- * Place an ice pack or cold compress on the wound intermittently (15 minutes on and 15 minutes off). Never place ice directly on the skin.
- * Elevate and rest the wounded area to decrease swelling. Do not use heat.

Normal reaction:

Within minutes a small red area appears at the site of injury, gradually surrounded by a whitish and a reddish flare. A wheal or raised area forms that may itch, be hot to touch, and feel irritated. These symptoms usually subside in a few hours except from the bites or stings of a few creatures.

Watch wound for several days for increasing pain, persistent swelling, or any other symptoms outside the immediate area of injury such as flu-like symptoms or fever. If these symptoms occur, contact a physician immediately.

Observe for signs of severe allergic reaction:

Wheezing, difficulty breathing or rapid, severe swelling, abdominal cramps, vomiting, dizziness, chest tightness, hoarseness, or blue discoloration to lips. If these signs occur, go to an emergency room or consult a physician immediately.

Victims especially at risk for complications are children under three years of age, heart patients, diabetic patients, elderly or debilitated patients, and persons with allergies. Multiple stings/bites, especially to the neck and head, may be particularly serious. If there is ANY doubt, CALL EMS AT ONCE!

Snake bites:

There have been many snake bite remedies offered over the years. Recent studies have concluded that the following protocols are best:

Stay calm, get safely away from the snake, and have someone call 9-1-1 (or the emergency number in your area). The less the victim moves the bitten site, the less likely the venom will be spread through the body and cause damage.

Have the victim lie down with the affected limb lower than the heart. Keep the limb immobilized. If practical, splint the limb.

Treat for shock and preserve body heat.

Remove any rings, bracelets, boots, or other restricting items from the bitten extremity. (It WILL swell.)

Apply a light constricting band about 2" above and below the bite, however never place the bands on either side of a joint (such as above and below the knee or elbow). This band should be made up of wide, soft material, which could be a handkerchief or shredded clothing. The band should only be as tight as the band the nurse applies when taking a blood test.

NOTE: The purpose of constricting bands is to restrict lymphatic flow, not blood, so they should not be too tight. Check pulses below the bands and readjust the bands as necessary when they tighten due to swelling.

Wash the bite with soap and water (if available).

If the victim has to walk out, sit calmly for 20-30 minutes to let the venom localize at the site, then proceed calmly to the nearest source of help and try to avoid unnecessary exertion which will stimulate circulation of the venom.

Get the victim to definitive medical care for antivenin, which will provide the greatest relief from the toxic effects of the bite.

ACTIONS TO AVOID:

DO NOT cut the bite. The additional tissue damage may actually increase the diffusion of the toxins throughout the body.

DO NOT apply a tourniquet. Such action can result in the loss of the limb.

NEVER try to suck out the venom by mouth. You can try the suction cup in a snakebite kit if it doesn't delay other needed treatment. Suctioning seldom provides any measurable advantages, however.

DO NOT apply cold and/or ice packs. Recent studies indicate that application of cold or ice makes the injury much worse.

Do not handle biting or stinging creatures. However, when possible, save the animal for later identification. Emergency rooms do not like live specimens! Identification may be important for the treatment and for predicting diseases these creatures may carry. Do not waste time trying to catch snakes.

As always, never be shy about hollering "CHIRURGEON!" at any time you think you might need one of us. At events like Grand Outlandish, we will have radios and can be contacted by other event staff. If there is an emergency that merits calling EMS, let the Autocrat or Chirurgeons know ASAP as we will be prepared to get EMS personnel where they need to be in the most efficient manner.

If you would like to become a Chirurgeon, or just want to know more about Chirurgeoning, please feel free to contact me by e-mail at: chirurgeon@al-barran.org, or by phone at 505-553-8912



NEW! NEW! NEW!

The Outlands Chirurgeon's Guild now has a website:

<http://www.outlands.chirurgeonguild.org/>

Grand Outlandish Tournament

Barony of al-Barran
24 May – 28 May 2007
Torrance County Park
“Welcome to Novgorod”
www.grandoutlandish.org

To all the known world, Their Excellencies Sir Gregor von Münchhausen and Lady Monika the Fair, Baron & Baroness of al-Barran send greetings,

Their Excellencies of al-Barran wish to extend Their warmest invitations to Grand Outlandish Tournament. The site will open at noon on Thursday, May 24th 2007. Let us take you on a journey that explores the splendor and wonder of medieval Russia. From folklore to history, we have it all! Here is just some of what one can do at Grand Outlandish this year:

Tournaments and Melees A&S Classes

Youth Combat & Classes

“Most Outlandish...” Competitions

Russian Accent

Russian Garb

Russian Encampment

Russian Hat

Distance Traveled

... and much, much more! If you're bored, then you aren't trying!

Pre-registration available

Non-Member Surcharge applies to all people over 17 without proof of membership. All pre-registrations must be postmarked by May 1, 2007 (see site for details). In order to get the Family Cap, you **MUST** be pre-registered. Send check or money order to: Grand Outlandish, P.O. Box 27676, Albuquerque, NM 87125.

Fees (based on date of arrival)

Wednesday, 23 May:

Adult – \$25.00; Child (6-17) – \$15.00; Child (0-5) - FREE

Thursday, 24 May – Saturday, 26 May 07:

Adult – \$20.00; Child (6-17) – \$10.00; Child (0-5) – FREE

Sunday, 27 May:

Adult – \$10.00; Child (6-17) – \$5.00; Child (0-5) – FREE

Family Cap

In order to get the Family Cap, you **MUST** be pre-registered.

Thursday - \$65.00

Friday – Saturday - \$50.00

Sunday - No family cap

Merchants WELCOME!

Please contact Duchess Kathryn of Iveragh (kballar@unm.edu) for more info.

Volunteer positions filling fast! To guarantee your position please contact THL Theresa de la Cabeza Vaca (too_be_free@hotmail.com).

Autocrat: THL Christopher Blackwood, ChrisGraham01@aol.com

Twentieth Lord of Outlandish Tournament

by AEIflaed of Duckford

He who wins the Lord of Outlandish tournament on Friday at Grand Outlandish will be the twentieth to bear that title and honor.

Those who have come before are:

Lord Erick Blaxton (1988)
Duke Artan macAilin (1989)
Lord Van of the Skilled Hands (1990)
Lord Rathe (Hrothgar) (1991)
Lord Rorik (Hrorek) (1992)
Lord Jonathan Whitewolf the Younger (1993)
Baron Otto the Obscure (1994)
THL Lycurgus du Loch (1995)
Sir Cameron Blackswan (1996)
Lord Shimshon (1997)
Lord Martino (1998)
THL Brodir (1999)
Sir Caesan (2000)
Sir Hakon (2001)
Duke Kynan (2002)
Duke Hrothgar (2003)
Duke Tomuki (2004)
THL Mordygán MacGregor (2005)
Lord Alrik Boleslavson (2006)

Wilhelmina, the lady of the first Lord of Outlandish, informs us that the leather crown was made by Master Creon the Artisan. It was intended for that first winner to keep, but Lord Erick chose to pass it on, and so the same crown has been used for the past nineteen Lords of Outlandish.

Stefan and Beau were baron and baroness the first time a Lord of Outlandish was chosen, and the rights given to that first winner were permission for him and the lady of his choice to Wander, for him to proclaim the start of the evening's festivities, to berate those disposing of butts improperly and to boast and bray that he was truly an outlandish lord.

Hrothgar is the only one to have held the title twice.

Additional credits and thanks for the gathering of the list and the history appearing above: Pendar the Bard, Artan macAilin, Wilhelmina Martini, Lycurgus du Loch and Kathryn of Iveragh.

More history of The Lord of Outlandish is here:
<http://sandraddodd.com/al-Barran/lordofoutlandish>

If anyone has photos or stories to add, please send them to:
Sandra@SandraDodd.com

Court Dancing

Due to a wedding, graduation, Outlandish and other commitments for our court dancers, there won't be any court dance practice at fighter practice in May. For the summer, we will plan to have court dance practice at the park twice a month. Our next Court Dance practices at fighter practice, will be June 10 and 24 at Bataan Park, from 12:00 to 2:00pm. Everyone, age 7 and up are welcome at our court dance practices. Bataan Park is at the NW corner of Lomas and Carlisle. During the school year, court dance practices are also at UNM on the 3rd floor of the SUB in the Santa Ana room, the first and third Monday evenings, 7-9pm with Lady Dovey, alzarqa13@yahoo.com.

If you want more information concerning court dancing in al-Barran, please contact Lady Jayne at 293-7453 or kreg@aps.edu or join the al-Barran Music and Court Dance discussion list by going to http://groups.yahoo.com/group/alBarranMusic_Dance/. This free Yahoo discussion list will give you the latest information concerning dance practices and Scorpion Scales music practices in al-Barran.

Yours in service to the dream,
Lady Jayne Barber



Gammer Gurton's Needle

Decorate Your T-Tunic Class, May 5 & 7

We will be meeting at HL Diana of Llanberris' new house at 1413 Guaymas Place NE (2 blocks east of Pennsylvania between Constitution and Indian School) Call her at 270-0531 for directions. She will be teaching her famous Decorate Your T-Tunic class on both Saturday, May 5 and Monday May 7th. Bring all your bits of trim, beads, interesting fabric scraps etc. that you never knew what to do with and you will be surprised what can be done to make your T-Tunic or dress special. There will also be information on appropriate decoration for different Period times. This is a great class to help with your Outlandish costuming and it works best with lots of participation so we encourage all gentles, both men and women, in our Barony to attend one or both of the classes.

For more information on Gammer Gurton's or to be added to our email list, please contact Rosamond de Preston-865-9082, email: bookstore@simmonsbooks.com or Delia the Rose of Thorncastle at 232-7946, HLDelia@aol.com.

Guido Repair Service

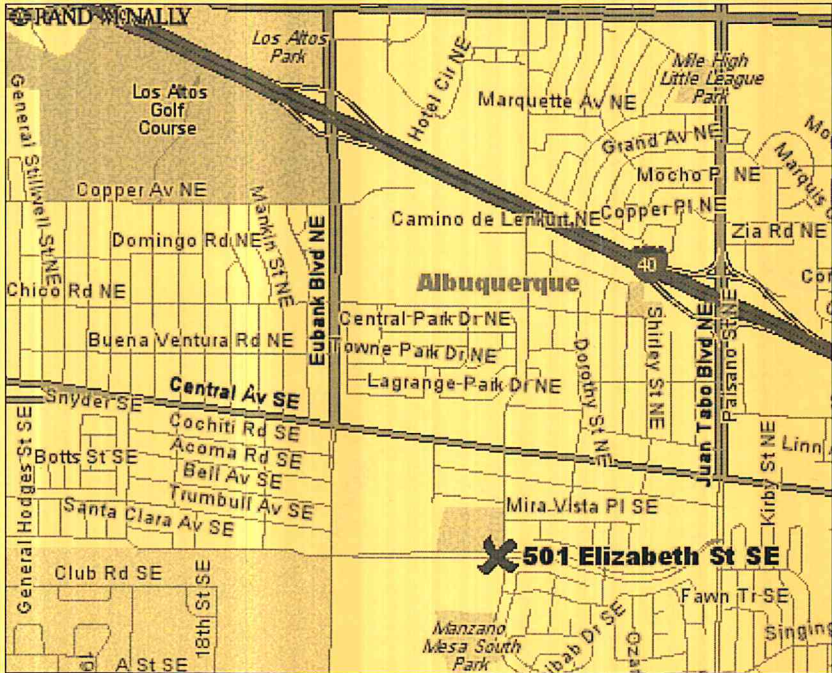
Is it time to repair your guido? Outlandish is coming up and you'll want to look your best, so Gammer Gurton's Needle is offering a FREE guido repair service. Please contact THL Delia (HLDelia@aol.com) for more information.

Citizen's Meeting

The Citizen's Meeting is located at the Manzano Mesa Multigenerational Center, 501 Elizabeth St SE, Albuquerque, NM. The meeting is held on the 3rd Tuesday of every month beginning at 6:30 pm. The next meeting will be on May 15th. Please contact the Seneschal, THL Y Port Lairge at 265-0161 for further information.

Driving Directions:

Take I-40 to the Eubank Blvd exit (No. 165). Turn south onto Eubank Blvd. Continue on Eubank Blvd past Central Avenue. Turn left onto Southern Avenue. The Manzano Mesa Multigenerational Center is at 501 Elizabeth St SE, Albuquerque, NM at the corner of Southern and Elizabeth.



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Web Sites

al-Barran's website: <http://www.al-barran.org>

Outlands' website: <http://www.outlands.org>

Blaidwyn's website: <http://www.unm.edu/~sca/index.html> SCA's website: <http://www.sca.org>

Discussion Lists

al-Barran@yahoogroups.com blaidwyn@yahoogroups.com outlands@yahoogroups.com
alBarranMusic_Dance@yahoogroups.com al-Barran_Youth_and_Parents@yahoogroups.com

The Baronial Shaft
P.O. Box 27676
Albuquerque, NM 87125



Inside This Issue!

Camping Tips
First Aid Information
al-Germay/Outranchish history
Grind Outranchish
Guest Fest
... and more!



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Exp Date: 5/1/2008

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